THE CHILD'S NEED TO BELONG
Four Goals: Contact, Power/Independence, Protection, Withdrawal

Here is a chart to help you think through children's behavior and goals
based on their need to belong, and what choices we might give to help them meet their goals.

Child's Behavior	Goal(s)	Choices We Can Give
EX: Resisting Toothbrushing	Contact, Power	Color of toothbrush, flavor of toothpaste
EX: Resisting Bedtime	Contact, Power	Color of pajamas, book to read, prayer to say
EX: Refusing To Eat	Contact, Power, Withdrawal	Choice of two items, broccoli or green beans