



**THE CHILD'S NEED TO BELONG**  
**Four Goals: Contact, Power/Independence, Protection, Withdrawal**

Here is a chart to help you think through children's behavior and goals based on their need to belong, and what choices we might give to help them meet their goals.

<b>Child's Behavior</b>	<b>Goal(s)</b>	<b>Choices We Can Give</b>
EX: Resisting Toothbrushing	Contact, Power	Color of toothbrush, flavor of toothpaste
EX: Resisting Bedtime	Contact, Power	Color of pajamas, book to read, prayer to say
EX: Refusing To Eat	Contact, Power, Withdrawal	Choice of two items, broccoli or green beans
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